



ROADMAP TO THE FUTURE

Actions families and students can take to build a transition plan that puts them on the path to the future they want after high school.



9th GRADE



Things to know

- All high school freshmen are required to take a career interest assessment.
- The course of study in your student's IEP should be reviewed and updated annually.
- Students with disabilities can stay in school until age 22. Plan out their accumulated credits according to the age you want them to graduate high school.



Things to do

- Get the results of your student's career interest assessment and discuss it. Were the results accurate?
- Encourage students to participate in at least part of each 504/IEP meeting, so they have a voice and are actively planning for their future.
- If your child has an IEP, get a copy of [PIC's transition toolkit](#).



Things to ask

- How can the IEP team use your child's career interest assessment results to inform their course of study?
- What work-based learning opportunities, such as job shadowing, career fairs, CTE summer camps, and career exploration classes, are available at your child's high school?
- Ask about [Pre-Employment Transition Services](#) provided by Vocational Rehabilitation NH (VRNH) to explore and prepare for the world of work by contacting [603-271-3471](tel:603-271-3471).

10th GRADE



Things to know

- Measurable post-secondary goals are required for students 16+ with IEPs. They don't have to be specific now, so use this time to align student interests with classes and opportunities to refine these goals over the next two years.
- As students discover their interests and strengths, their plans for the future could change a lot. Don't worry - each experience will better inform their decisions about life after high school.



Things to do

- [Watch PIC's Life After High School Online Learning Modules](#) to understand the transition planning process and how to make it meaningful.
- Plan a job shadow day! Who do you know that your child can job shadow and learn about their work?
- Apply for PSAT and SAT accommodations.



Things to ask

- How will measurable post-secondary goals be determined, and what classes and career-connected experiences could be aligned with these goals?
- Is your student on track to accumulate the credits they need to graduate? Ask this every year.
- How can you, your student, and the IEP team collaborate to develop self-advocacy goals to support your child's success in Extended Learning Opportunities, CTE, internships, or other school-to-career programs?
- Ask how your child can be referred for Vocational Rehabilitation (VRNH) services.

11th GRADE



Things to know

- When your child turns 17, their IEP team will discuss reaching the age of majority. This is when students will have more rights and responsibilities regarding their special education experience.
- VRNH funds various programs for your child to explore the world of work and careers.
- [Major Choice](#) is an online, mentor-led self and career exploration experience through VRNH.



Things to do

- Discuss with your child and their team what level of involvement you might have when your child reaches the age of majority.
- If your child is considering college, research colleges and their disability support services.
- Enroll your child in the Major Choice program as early as possible to make the most of their junior year and get



Things to ask

- Ask your IEP case manager to invite [VRNH](#) to be a part of the IEP team if they still need to be included.
- The Early College Program lets students earn high school AND college credit through community college courses. What college-level classes would be good for your child to explore?
- Your child can demonstrate their skills and knowledge in more ways than just grades and tests! What certifications or industry-recognized credentials are offered at their high school that match their interests and future goals?

12th GRADE



Things to know

- Is your child still unsure about what they want to do after high school, or are they looking to feel more confident about their path to the future? The Major Choice program is available to seniors, and they can work directly with a mentor to learn more about themselves and the careers they are interested in.
- [Apprenticeship NH](#) offers high-quality Registered Apprenticeships and pre-apprenticeships in leading industries throughout the state.



Things to do

- Have the IEP team discuss the need for assistance in filing out the FASFA application to explore financial support for post-secondary education.
- Complete an application for VRNH services before leaving high school.
- Talk with your child about disability disclosure on college and work applications. Call PIC for resources on this at [603-224-7005](tel:603-224-7005).



Things to ask

- How is the school preparing my child for post-secondary career opportunities, and how are these plans integrated into their IEP this year?
- Should my child be re-evaluated so they have the most recent evaluations before leaving high school and moving on to college or employment?
- Ask your school for a copy of your child's special education Summary of Performance document to use for future education and employment opportunities.